

Spiritual teachings in human life based on the mystical interpretation of Kashf-ul-Asrar Meybodi

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Article Info (۲۱۵-۲۰۱)

ABSTRACT

Article type:
Research Article

Article history:
Receive:
۰۲/۰۹/۲۰۲۴

Accepte:
۱۵/۰۲/۲۰۲۵

Keyword:
Kashf al-Asrar
Spirituality
Abolfazl
Rashid al-Din Meybodi

The ultimate goal of training the soul is to develop and reach the state of nearness to God. The Holy Quran and the Hadiths clearly indicate this. It should be known that the path of human movement is a real path, not a hypothetical or figurative one, and the Holy Quran and the Hadiths are used to show that the ultimate movement of man is towards God. Rashid al-Din Meybodi can be considered one of the mystics. His book Tafsir Kashf-ul-Asrar is the greatest and oldest Persian mystical interpretation that contains a collection of legal subtleties, Quranic points, and prophetic references. It was written with the aim of explaining the path of spiritual conduct and reaching the truth using the source of knowledge of the prophets and the merciful law. Finally, Meybodi has given gentleness and kindness, advice and advice and expressed his message in the form of quotations, stories and hadiths. In "The Third Nubah", he has a mystical and artistic view of the verses of the Quran and the stories of the prophets. The present article has examined the spiritual teachings in the mystical interpretation of Kashf al-Asrar using a descriptive-analytical method and has concluded that Meybodi has best succeeded in translating the verses into Persian and his prose in these translations is beautiful, flowing Persian, not an inadequate literal translation.

Citation: Alizadeh Shouraki, Zahra (2025). Spiritual teachings in human life based on the mystical interpretation of Kashf-ul-Asrar Meybodi. New Literary Studies, 4(2) 201- 215 Publisher: Association for the Promotion of Persian Language and Literature



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DOI: [20.1001.1.28211413.1404.4.2.8.8](https://doi.org/10.28211/413.1404.4.2.8.8)

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Introduction

In the contemporary era, the pursuit of spirituality and ethical self-cultivation has become increasingly essential for human flourishing, inner peace, and psychological well-being. Islamic mystical literature offers rich frameworks for understanding human spiritual development. Among these, Rashid al-Din Maybodi's *Kashf al-Asrar wa 'Uddat al-Abrar* stands out as the oldest and most comprehensive Persian mystical commentary on the Qur'an. Maybodi structured his work into three distinct levels of interpretation (*al-Nawbah al-Ula* for literal Persian translation, *al-Nawbah al-Thaniyah* for conventional exegesis, and *al-Nawbah al-Thalithah* for esoteric, mystical commentary). This study explores how Maybodi utilizes artistic prose, illustrative anecdotes, and mystical pedagogy in *Kashf al-Asrar* to articulate practical spiritual teachings and ethical principles for human life.

Method

This research employs a descriptive-analytical, library-based approach. The author systematically examines the textual evidence and theoretical dimensions within *Kashf al-Asrar*, focusing primarily on the third level of exegesis (*al-Nawbah al-Thalithah*). The analysis extracts, categorizes, and analyzes core spiritual, mystical, and ethical themes, evaluating how Maybodi integrates Qur'anic verses, prophetic traditions, and illustrative narratives to guide moral behavior, inner transformation, and spiritual wayfaring (*suluk*).

Results

The findings identify several key spiritual and ethical themes emphasized in Maybodi's mystical framework:

- **Good Conduct and Social Ethics (*Akhlaq-e Hasaneh*):** Maybodi highlights that spiritual maturity is inextricably linked with interpersonal virtue, justice in speech, and genuine compassion toward others.

- **Care for the Vulnerable and Upholding the Rights of Orphans:** The text emphasizes empathetic responsibility toward the marginalized as a manifestation of proximity to the Divine.
- **Struggle Against the Carnal Soul (*Muj-Asrar*)**

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- **Care for the Vulnerable and Upholding the Rights of Orphans:** The text emphasizes empathetic responsibility toward the marginalized as a manifestation of proximity to the Divine.
- **Struggle Against the Carnal Soul (*Mujahadah ba Nafs*):** Maybodi contrasts the base desires of the carnal ego (*nafs*) with the spiritual vitality of the heart (*dil*), framing self-restraint and rational control over instincts as the foundation of true humanity.
- ****Yearning for Divine Pro**